Research shows that children do best when parents:
- find out about child development so they know what to expect and how to help their children
- show their children that they are loved and lovable – children perceive love through things like time spent with them
- provide opportunities to explore and learn – reading, story-telling, walking, exploring, pre-school and school
- provide opportunities for play and being with others, and sport as they grow older
- listen to children and show that they hear and understand
- set safe limits
- expect that children will contribute to the family and consider others according to their age
- help children to take more responsibility for themselves as they grow older
- know where their children and young people are
- encourage children
- spend some time with each child every day
- use positive methods to respond to children’s behaviour – teaching and guiding rather than control and punishment
- remember that children’s behaviour is a way of communicating how they feel to you – look for the message as well as the behaviour
- where there are behaviour problems, look for the cause.

To grow up with strength and resilience, children need to know three things.

"I am loved and lovable" – these are not the same. If you say you love your children in spite of all their faults, they will feel loved, but not lovable.

"I am capable". There are things that I can do well. I can have a go at solving my problems, and be patient as they learn the way we work, and try things.

"I have people around who care about me" – not only parents, but extended family, or friends, teachers, other family and local groups.

Finally – this all seems hard, but parents don’t have to be perfect. Trust your own knowledge and wisdom. If you and your children feel good about what you are doing, it is probably ok. A wise psychiatrist once said that parents need to be ‘good enough’. Parents need to hang in there and do their best. If you run into real trouble, ask for help. We all need help sometimes.

Information taken from website: Child & Youth Health Home http://www.cyh.com

A reminder to parents/carers to notify the school about your child’s health

Balaclava State School is committed to supporting students’ health and wellbeing. We would appreciate parents/carers providing the school with any relevant health information that is required to support the student at school. This information is also collected at enrolment but needs to be updated regularly, or if a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes and epilepsy and other health conditions that may require school staff to provide support to students, including administering medication and performing health procedures, should be provided to the school. Additionally, any health need that may impact on school activities such as sports, outings (including camps) should also be discussed with the school.

Information should be provided in writing, and any specific health plans (only to be completed and signed by the medical practitioner) should be included. Please contact the school to discuss any specific requirements.

Please inform the school office staff of any changes to contact details or the contact details of the people nominated as emergency contacts. Thank you for your assistance in this regard. All information is kept confidential and only disclosed to the relevant staff required to supporting your child.

For any enquiries, please contact the school office on telephone 07 4081 5333.

There has been a recent measles case in your community.

Are you aged between 4 and 48 and had your measles vaccines?

“No” or “not sure”, then you could be at risk of catching measles.

Contact your GP or local Community Health Centre for your free vaccine.

C&K Kindergarten 4033 5192
Dental Clinic - 4054 1677
(QLD Health)

School Watch - 13 17 88
(QLD Police)

Balaclava State School

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**THANK YOU**

Thank you to the parents and students who supported the Moorabool Clean-Up Day. It was a fantastic turn out which produced a wonderful result.

**DISCIPLINE AUDIT**

On Wednesday the 13th of August the school will participate in a Discipline Audit. This is done by an external person who will provide us with information as to how well we are doing, and what we need to do to improve our processes. A parent information fact sheet will be sent out in the near future.

PREP ENROLMENTS FOR 2015

We have a number of prep students enrolled for next year already. This is fantastic for this time of year. Of course we have room for plenty more. Do you have a younger sibling due to enrol into Prep for 2015? Children born between 1st July 2009 and 30th June 2010 are eligible to enrol this term for Prep here at Balaclava State School. Birth certificates must be presented upon enrolment. Enquiries are most welcome on (07) 40815333

**BREAKFAST READING**

The breakfast reading program will continue this term with reading and breakfast available from 8 am until 8:30 each Monday and Thursday morning. Students who read 5 times will receive a McDonald’s voucher. We have approximately 15 – 20 students who turn up each day for this program.

10 MINUTES A DAY

That’s all children need to spend reading a book at home to dramatically improve vocabulary, word recognition and reading capability. That’s all children need to spend reading a book at home to dramatically improve vocabulary, word recognition and reading capability.

*A growing body of evidence reveals the importance of both oral and print exposure for children’s cognitive and academic development.* Children (pre school aged) who were exposed to less language had slower rates of vocabulary development. By year 3, they also had lower reading scores, indicating that children tend to maintain the same learning trajectory even after they enter school.” (Hart and Risley, 1995)

“Reading is critical for academic development of students beyond year 3.” (Scientific Learning Corporation, 2008) Research indicates that just ten minutes of reading a day, in addition to what children may currently be doing, will have a huge impact on their reading ability now and into the future – increasing vocabulary and improving world knowledge.

**KNOW AN EXCELLENT TEACHER WHO DESERVES RECOGNITION?**

Nominate a teacher now in one of four award categories. Being nominated for an award provides a teacher with genuine peer and public recognition. Nominees will receive a certificate of recognition during the week of celebrations for World Teachers’ Day (Friday 25 October 2014). Winners of each category and finalists will receive funding for professional development and their exemplary efforts will be showcased in local media and educational publications. An individual colleague, student, parent group or school may nominate a teacher for an award. Download, complete & post nomination forms to: Queensland College of Teachers, PO Box 389, Toowong 4066, email enquiries to Excellence@qct.edu.au. Nomination forms are available from the QTC (Queensland College of Teachers) website.

More to follow...

Jane Termaat

**GREAT NEWS FOR OUR KINDY**

Congratulations Iris! Late last year the Director of “our” C&K Kindergarten, Miss Iris Dix, began the process of applying for grant monies through the government run Gambling Community Benefit Fund. The Balaclava SS Community will benefit from Iris’ efforts when the building in our grounds, which houses the kindergarten, has the building and grounds improvements identified in her application completed. Again, well done Iris; thank you for your efforts.

**BALA CLAV A OUT OF SCHOOL HOURS CARE**

Do you know that it can cost as little as $22.50 per week for after school care? All meals and most activities for the children with the exception of BMX. Activities planned for this term include BMX whereby we take the children to the track every Thursday commencing 24 July. This is an additional cost of $5 per child. We have AFL that is going to be held each Wednesday. Hockey plays a big part of our program with the days still to be decided. Come along and join in the fun and camaraderie at Balaclava After School Care.

**I HAVE READ MY NEWSLETTER!**

Would you like the chance to win a free tuckshop for your child? Simply complete the form below, and hand it into the office no later than next Friday morning. The winner will be announced on parade next term.

The family (name) ____________ from year ________ has read the newsletter this week!

Parent signature: _____________________________

Friday 25th July 2014

School Athletics Carnival

A big congratulations to all the students who participated in the Athletics Carnival on Friday 20th June. All students did extremely well and should be proud of their efforts.

It was a fun day with great sportsmanship and team spirit shown by all.

A special congratulations to our Age Champions –

9 years: Kirsty Thorpe-Savill and Josh Daniel
10 years: Mercia Nai and Michael Viniki-Tereora
11 years: Prinika Banu and Devon-Tay Nai
12 years: Aaliyah Morse-Stagg and Lenard O’Keefe

Thanks to all the parents, carers and community members that came along to share this special day with us.