Go the GREEN!!! Congratulations go to classes Prep/1, Y3/4A and Y5/6A for leading the way for their overall attendance at school for the first term of this year. These bright little bunnies are closely followed by Y2/3B, and the senior classes Y6/7A & Y6/7B for their commitment to maximising their education by coming to school. Consistency in attendance helps your child achieve positive results inside and outside of the classroom, and aids in building a routine which in turn will help your child thrive emotionally, physically and mentally.

<table>
<thead>
<tr>
<th>Year</th>
<th>Attendance Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep A</td>
<td>85%</td>
</tr>
<tr>
<td>Prep B</td>
<td>88%</td>
</tr>
<tr>
<td>Year 1A</td>
<td>84%</td>
</tr>
<tr>
<td>Year 1/2A</td>
<td>86%</td>
</tr>
<tr>
<td>Year 2/3A</td>
<td>84%</td>
</tr>
<tr>
<td>Year 2/3B</td>
<td>90%</td>
</tr>
<tr>
<td>Year 3/4A</td>
<td>81%</td>
</tr>
<tr>
<td>Year 4/5A</td>
<td>88%</td>
</tr>
<tr>
<td>Year 4/5B</td>
<td>89%</td>
</tr>
<tr>
<td>Year 5/6A</td>
<td>94%</td>
</tr>
<tr>
<td>Year 6/7A</td>
<td>91%</td>
</tr>
<tr>
<td>Year 6/7B</td>
<td>90%</td>
</tr>
</tbody>
</table>

Health message to families...... As this term comes to a close it is the perfect time to take health matters to heart. Health professionals recommend warming your family regularly throughout the year, for the good of everyone in our community. Worms, along with roundworm, hookworm, tapeworm and whipworm, are highly contagious — with schools and daycare facilities prime locations for the spread of worms. There are a variety of worm treatments available, so we ask our parents and carers to take the time over these holidays to treat their family for the benefit of all. See you in term 2.

JANE’S JOTTINGS

Try these tips to encourage the behaviour you want in your child... cont’d ‘I hear you.’ Active listening is another tool for helping young children cope with their emotions. They tend to get frustrated a lot, especially if they can’t express themselves well enough verbally. When you repeat back to them what they think they might be feeling, it helps to relieve some of their tension. It also makes them feel respected and comforted. It can diffuse many potential temper tantrums.

Choose your battles.

Keep promises. Stick to agreements. When you follow through on your promises, good or bad, your child learns to trust and respect you. So when you promise to go for a walk after she picks up her toys, make sure you have your walking shoes handy. When you say you will leave the library if she doesn’t stop running around, be prepared to leave straight away. No need to make a fuss about it if you don’t mean it. ‘No’ means ‘no’, not maybe, so don’t say it unless you mean it. If you say ‘no’ and then give in, children whine even if they know you wish to promote but it is important that we acknowledge it and promote strategies to stop bullying. A great strategy is working with Bystanders.

What’s the issue?

Bullying is a difficult problem that only gets worse when it is ignored. Research has demonstrated that bystanders play a significant role in bullying. Bystanders are present most of the time (85%), where adults are rarely present. Most young people feel uncomfortable but very few know what to do to stop it happening.

Bullying is defined as repeated and ongoing aggression aimed at a person or group of people who feel helpless to do anything about it. Those who bully often intend to 

Keep it simple and positive. If you can give clear instructions in simple terms, your child will know what is expected of him. (*Please hold my hand when we cross the road.*) Stating things in a positive way gets their heads thinking in the right direction. For example, *Please shut the gate* is better than *Don’t leave the gate open*. Stating things in a positive way gets their heads thinking in the right direction. For example, ‘Please hold my hand when we cross the road.’ Stating things in a positive way gets their heads thinking in the right direction. For example, ‘Please hold my hand when we cross the road.’

More to follow...

Jane Termaat

Principal
**Principal’s Pen continued....**

Who are bystanders?
We are all bystanders if we are aware of something happening but do not act to stop it. We can be bystanders even if we are not actually present. Groups and communities, such as schools, can even be said to show bystander behaviour.

Bystander behaviour includes:
- watching an argument on the street
- gathering to watch a playground fight
- knowing that someone is being hurt but not intervening or seeking help
- failing to investigate and be proactive about the bullying in your school.

Although we might not be directly involved, our behaviours contribute significantly to what takes place.

Some behaviours can make the problem worse:
- giving ‘silent approval’ by not becoming involved
- assisting by joining in
- reinforcing by encouraging, cheering and laughing, even if not actively participating

Alternatively, some behaviours can be helpful:
- trying to stop the bullying behaviour by defending the person being bullied, reporting the behaviour
- challenging and positively influencing individual and group attitudes and beliefs
- learning and teaching about the deeper issues which underlie bullying behaviour.

Students are important in creating a safe and supportive school environment. First of all, keep yourself safe. Each bullying situation is different.

You can help by some of the following:
- Make it clear to your friends that you won’t be involved in bullying behaviour.
- Never stand by and watch or encourage bullying behaviour.
- Do not harass, tease or spread gossip about others.
- Respect everyone and value the differences between people.
- Be friendly towards others who are new to your school, who are left out or on their own.

If you see someone being bullied, keep safe and choose your response to match the situation:
- Speak up and let the person doing the bullying know what they are doing is bullying
- Refuse to join in with their bullying and walk away
- Support the student who is being bullied to ask for help
- Ask a teacher or support person for help. Reporting what happened can help ‘unravel’ a situation.

You can help by being active at school:
- Talk with adults inside and outside of school who can help stop bullying everywhere.
- Spread the word that bullying isn’t cool!

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**LOCK IT OR LOSE IT**

On Tuesday afternoon after school, a group of Balaclava students went off into our community with Policeman Dan and Adam, our local policemen, to check if cars were secure as part of the Lock it or Lose it campaign. We walked from school down Mulgrave Road and around to Mooroobool under Policeman Dan and Adam’s watchful eye, dressed in high visibility vests, checking the cars along the way. It was our job to pull the door handle of the cars, check that all windows were up and see if the boot was shut or not. Policeman Dan told us that if the car was secure we had to fill out a congratulatory ticket that we left on their windscreen. For the cars that were not secure the note was placed face down on the windscreen to remind owners the importance of locking their car. We met some people along the way who asked what we were doing and Policeman Dan explained where we were from and what we were doing and why.

We are hoping that together with Policeman Dan and Adam we can reduce the crime rate in our community. Balaclava looks forward to working with Policeman Dan and Adam on many more community projects in and around our area.

**Written by**
Varni Nona, Nawarie Tom, Papa Halasitama –Vlniki

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**ONLINE SAFETY & CYBERBULLYING**

Delivered by an international keynote speaker on the topic of digital compliance and internet safety. Parents/carers will be presented with engaging and powerful information in a way that will bring to life possible online dangers and responsibilities which are a part of our children’s digital world. Strategies of protection and prevention will empower them to reduce online risks within the home. Be amazed how simple this can be.

**Website**: www.balaclayss.eq.edu.au

**WHERE**: Redlynch College Auditorium, Snr Campus

**When**: April 30th from 6:30pm

**RSVP**: To School Based Youth Health Nurse cscche58@eq.edu.au