Dear Parents and Caregivers,

GRADUATE TO GREATNESS
Today our 4/5A class and the year 5/6 classes were invited to a special presentation. The ‘Graduate to Greatness Program’ is a program that the QT Mutual Bank has proudly supported for many years.

Graduate to Greatness has been designed to help students in Year 6 transition to the next stage of their schooling. The 40 minute program was offered to our school at no cost and covered issues including self-esteem, bullying, motivation and coping with change.

Eric Bailey - the ambassador of the Graduate to Greatness Program - is a former Pro Basketball player and a motivational speaker. Born in downtown LA, Eric’s story is inspiring evidence that anyone can achieve success in the face of adversity, with a little courage and determination. He has the insightful ability to speak to students on their level.

His message today was truly inspirational and the students just loved his story. Below is a link to the website that provides a taste of Eric’s presentation. http://www.qtmb.com.au/why-qtmb/supporting-youth/graduate-to-greatness

Ms Jane Termaat
Principal

SWIMMING – TERM 4
Swimming starts on Friday 23rd October (Week 3, Term 4) and will run every Friday for 6 weeks. Permission notes have been handed to students, however, if you need a replacement please see the office. Please have your swimming notes and money back as soon as possible!!

Remember, you must travel on the bus even if you are not swimming so you must have your permission to travel on the bus signed and returned.

ABSENCE HOTLINE
We have a phone number dedicated to student absences. You will now be able to send us a text telling us why your child is away. Please make sure that you give your child’s full name in the text message and year level/class.

The number to contact is: 0475 977 608

UPDATE STUDENT RECORDS
Parents/carers don’t forget to contact the school office to update your daughter/son’s records if you have recently moved or changed phone numbers.

The office sometimes has difficulty getting in contact with families if their child is sick or injured.
DEPUTY’S DESK
BEFORE SCHOOL ORANGE SEAT
If students are arriving at school before 8:00am it is important that they sit on the Orange Seat located below G block. Students are not permitted to play on the playgrounds or oval before 8:00am. At 8:00 am a bell will sound and students will be dismissed by the teacher on duty where they may go and order tuckshop, complete breakfast reading or go to their classroom and prepare for the day. We thank you for your support on this matter.

Ms Michael Patane
Deputy Principal

JOHNATHAN THURSTON MESSAGE
Check out the video message left from Johnathan Thurston! The link is on our facebook page or you can type this address into your internet search bar https://www.youtube.com/watch?v=b9ii8eJ5CU&feature=youtu.be

SCHOOL HATS
School hats are available to purchase through the office. They are $8 each and are required for your child to participate in lunch break activities. If students do not have a hat, they must sit under cover on the Orange Seat as part of our sun safety strategy.

DRESS CODE POLICY
With the start of the new term, it is a good time to remind students about our dress code policy. Our dress code clearly articulates the expectations of the Balaclava State School uniform. This includes appropriate hats, shoes, T-shirts, shorts. A reminder to the students that nail polish, jewellery and make up are not part of our uniform and should NOT be worn to school at any time. I urge parents to support the school with this policy. Thank you.

Wear your shoes every day,
‘No shoes’ means you cannot play,
Keep them on ’til half past two,
Our safety rule applies to you.

Wear your hat every day,
‘No hat’ means you cannot play,
Keep it on ’til half past two,
Our safety rule applies to you.

WATER
A reminder that students need to keep hydrated as the warm weather settles in around us. All students should have water bottles which they can keep in their room. This minimises disruption to learning with students requesting to get a drink. It is also imperative that students have hats and sunscreen to avoid unnecessary sun damage.

PREP ENROLMENTS FOR 2016
Do you have a younger sibling due to enrol into Prep for 2016? Children born between 1st July 2010 and 30th June 2011 are eligible to enrol now for Prep here at Balaclava State School. Birth certificates and immunisation records must be produced.

Mrs Roome will be contacting those who have already submitted their enrolment form shortly.

DAY FOR DANIEL
The 11th annual Day for Daniel 2015 will be held on Friday the 30th of October.

The Daniel Morcombe Foundation held the first Day for Daniel in November 2005. The Day for Daniel is a National Day of Action to raise awareness of child safety, protection and harm prevention. It is about educating children and adults about keeping kids safe through child safety and protection initiatives. It aims to help empower our children to ‘Recognise, React and Report’ if they feel something is not right.

Wear Red and Educate is the theme of for Day for Daniel. The student council will be organising activities on the day.

The objectives of Day for Daniel are:
• To raise awareness about child safety and protection and to promote a safer community for children.
• To educate children regarding their personal safety and empower them to ‘Recognise, React and Report’.
• To provide FREE safety and educational material.
• To honour the memory of Daniel Morcombe.
• To have over 1 million people Australia Wide to participate in Day for Daniel.

Day for Daniel is also an opportunity for Australians to make a statement that crimes against children are not acceptable in modern Australia.

www.DayForDaniel.com.au
RENOVATIONS TO DENTAL CLINIC
Balaclava Dental Clinic is currently undergoing renovations. The clinic is due to re-open mid October 2015. If you require an appointment please contact:
   Edge Hill - 4053 4231
   Cairns West - 4053 4820

JANE’S JOTTINGS
TOP 10 TIPS FOR PARENTS
1. When your child wants to show you something, stop what you are doing and pay attention to your child. It is important to spend frequent, small amounts of time with your child doing things that you both enjoy.
2. Give your child lots of physical affection – children often like hugs, cuddles, and holding hands.
3. Talk to your child about things he/she is interested in and share aspects of your day with your child.
4. Give your child lots of descriptive praise when they do something that you would like to see more of, e.g., “Thank you for doing what I asked straight away”.
5. Children are more likely to misbehave when they are bored so provide lots of engaging indoor and outdoor activities for your child, e.g., playdough, colouring in, cardboard boxes, dress ups, cubby houses, etc.
6. Teach your child new skills by first showing the skill yourself, then giving your child opportunities to learn the new skill. For example, to speak politely (e.g., say “please” or “thank you”), and praise your child for their efforts.
7. Set clear limits on your child’s behaviour. Sit down and have a family discussion on the rules in the home. Let your child know what the consequences will be if they break the rules.
8. If your child misbehaves, stay calm and give them a clear instruction to stop misbehaving and tell them what you would like them to do instead (e.g., “Stop fighting; play nicely with each other.”) Praise your child if they stop. If they do not stop, follow through with an appropriate consequence.
9. Have realistic expectations. All children misbehave at times and it is inevitable that you will have some discipline hassles. Trying to be the perfect parent can set you up for frustration and disappointment.
10. Look after yourself. It is difficult to be a calm, relaxed parent if you are stressed, anxious, or depressed. Try to find time every week to let yourself unwind or do something that you enjoy.

LOOK FOR THE GOOD THINGS!
• What is good about your life right now?
• What can you do?
• What are you proud of?
• Can you turn your problems into challenges?

REMINDER – YEAR 6
Students in Year 6 please return your form indicating which High School you are enrolling in in 2016. If you have lost your form visit Mrs Roome in the office and ask for another. Remember that you require a birth certificate and evidence of where you currently live. Entry into High School is not an automatic process with High Schools in our area all enrolment managed. This means that that the street where you live determines where you are able to attend in 2016.

SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT
This year we are pleased to be continuing our journey with School Wide Positive Behaviour Support.

This fortnight our FOCUS SKILL is:
FOLLOWING TEACHER INSTRUCTIONS
✓ Listen carefully to what school staff are saying,
✓ Follow their instructions straight away,
✓ Ask a question if you are not sure what they want you to do.

STUDENT AWARDS – WEEK 2, TERM 4
**Date Claimers**

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<td>30&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Day for Daniel</td>
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